## Buddaheads - Howlin' At The Moon (2004)

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- 07 Better Day
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- 09 Mississippi Queen
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- 11 When The Blues Catch Up With You
- 12 State of Grace
- 13 Dance Maria
- 14 Every Now & Then
- 15 Alana
- 16 Don't Cry

Musicians: Alan "BB Chung King" Mirikitani - guitar & vocals Boyd Lafan - bass Joe Pafume drums + Phillip Sayce - guitar & vocals on "Howlin' At The Moon" Bobby Shneck - rhythm guitar on "Mississippi Queen" Kenny Arnoff - drums on "Mississippi Queen" Teddy Zig Zag keyboards on "Mississippi Queen" Lee Spath - drums on tracks 3, 5 and 12

"Howlin' At The Moon", the latest studio disc from the BUDDAHEADS, featuring premier asian blues/rock guitarist-vocalist, Alan Mirikitani a.k.a B.B. Chung King, is an outstanding collection of pure, classy, diverse, awesome blues/rock heavy guitar power trio joy. "Joyful Noise" as we call it at GROOVEYARD RECORDS, a new label dedicated to outstanding TOTAL GUITAR.

"Howlin' At The Moon" features 16 trax (78 minutes) of awesome top-shelf blues rock riffage

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from this amazing, gifted guitarist, that was recorded through the years. The music ranges from full-out killer blues/rock riff rippers, to classic mid-tempo in the back pocket blues burners, to cycodelic trippy hendrixy jams ("dance maria" is Alan's musical tribute toJimi), to deep beautiful dynamic bluesy minor ballads and everything in-between. There is something here for everybody. And as an added bonus, the "Howlin' At The Moon" disc features "special guest" blues/rock axeslinger supreme & good musical brother Philip Sayce jamming hard on his strat with Alan Mirikitani & the BUDDAHEADS on the title track. A killer BUDDAHEADS jam worthy of the price of admission alone.

Alan Mirikitani is a "man on a blues-rock mission" and he sets the record straight on the "Howlin' At The Moon" disc. Not only is he an awesome guitarist and soulful, clean, melodic vocalist, what sets him apart from the rest is his strong ability to write incredible outstanding songs with lyrics that really mean something. Raw and powerful, yet melodically rich, the songs (and we mean "songs") on "Howlin' At The Moon" are classy, diverse, mature and full of depth complete with classic powerful heavy guitar riffage. This is REAL music for REAL people. The BUDDAHEADS are blues/rock at it's best. "Howlin' At The Moon" is an incredible musical document on this incredibly gifted guitarist and band.

Alan Mirikitani has been playing his axe since he was 4 years young(!!!) and he first hit the musical scene with the BUDDAHEADS back in 1994 with the major label (RCA RECORDS) debut, "Blues Had A Baby...", an awesome display of outstanding dynamic blues/rock riffage. Several other killer Buddaheads discs followed, including a record deal in Japan. Even though you may not have heard of him and you should have, Alan Mirikitani has been keeping busy through the years writing great outstanding music and also found success with film and t.v. soundtrack work. He also started up his own recording studio called DAWGHOUSE, where all of the trax for "Howlin' At The Moon" were recorded (...have you ever been to electric dawgland?!!!). Alan Mirikitani deserves all the credit he can get for his vast musical efforts.

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