

## Sophie Kay – Turbulent Blues (2020)

Written by bluesever (Bogdan Marszałkowski)

Saturday, 23 January 2021 10:50 -

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*1. What we gonna do 03:40 2. I don't remember (who I am) 03:01 3. The low down way you do 03:33 4. Quit You 04:09 5. Welcome sweet little angel 03:18 6. Julian Assange Blues 02:50 7. Tough times 03:22 8. The Lion 03:30 9. Se sentir bien 02:50 10. Sugar Baby 04:04 11. I wanted to leave my shoes 03:53 12. I didn't speak out 03:18* Sophie Kay - guitar, vocals

Sophie Kay recorded this album over several years. From 2017 to 2020 she laid down on Protocols with the precious help of her favorite sound engineer Denis Goltser, songs hidden in the back of a drawer written decades ago (Welcome Sweet Little Angel, a half English and French song lyrics)) years ago (The low down way you do, a feminist song) and more recently songs composed in reaction to the news reported by the media, a news that is always more mortifying. Are we so insignificant to deserve this, could appear as a conclusion of this album. Such an idea could start a new recording. The album ends up with a similar idea with the song "I didn't speak out". Sooner or later, everyone could be reduced in a boiled mess, for not having reacted in time, for not having been able to put into action the deep mankind that we all have.

"Sophie Kay combines the bite of the classic blues woman like Ida Cox with the sultry tone of a parisian chanteuse. The two styles blend perfectly and the mix might explode to your head, watch out, attention" ---David Evans, bluesman, ethnomusicologist, Memphis University, [highresaudio.com](http://highresaudio.com)

After years of hard work and the closure of her distribution films company "Ciné-Rock", Sophie Kay, who had always played guitar and sung, met in the late 90s a guy, probably the hidden son

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of Errol Flynn or Robert de Niro, Italian-American with a strong character : Little Victor, blues guitar player, singer and harmonica player who, at the end of the 90s got her on to the whirling world of tours, as a duo, trio or more, from dark and alcoholic bars, to hushed theatres and chic restaurants and the most popular European blues festivals, where her name would be inscribed next to legends such as Irma Thomas, Eddy Floyd, Taj Mahal, Pinetop Perkins, Little Milton, Johnny Winter and many others. But love stories always end badly, so in 2008 Sophie resigned her position as a guitar player and singer and returned to the stage alone or in a duet, singing the same blues she had sung with her partner and adding many other songs to her repertoire. Since then, she has composed new songs and blues of her own making and produced four albums whose themes revolve around feminism and the collapse of human values as a result of the worldwide colonization of "The Big Money". ---groover.co

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