## Icelandic Folk Music - Instrumental Version Of Islandsklukkur (1996)



1 Íslandsklukkur 3:18 2 Á Sprengisandi 3:17 3 Dýravísur 0:58 4 Ólafur Liljurós 3:36 5 Ísland Farsælda Frón 0:35 6 Íslandsljóð 3:49 7 Tröllaslagur 1:44 8 Tyrkjaránið 3:19 9 Fann Ég Á Fjalli (Óskasteinar) 2:47 10 Sofa Urtubörn 2:51 11 Bí Bí Og Blaka 2:09 12 Heyr, Himna Smiður 1:13 13 Allsherjargoðinn Kvaddur 1:56 14 Ó. Mín Flaskan Fríða 0:41 15 Völuvísa 2:42 16 Sá Ég Spóa 1:10 17 Sofðu Unga Ástin Mín 3:29 18 Krummavísur 1:05 19 Íslandsvindar 2:56 20 Lilja 1:25 21 Maístjarnan 2:31 22 Ísland Er Land Þitt 5:09 Personnel: Bassoon – Rúnar Vilbergsson Bodhrán [Bódhran], Drums, Percussion – Eggert Pálsson Cello – Sigurður Halldórsson Choir – Útilegumannakórinn Contrabass – Birgir Bragason Engineer [Recording] – Guðmundur Guðjónsson, Jens Hansson Fiddle – Dan Cassady Flute – Martial Nardeau **Keyboards**  Hjörtur Howser, Jens Hansson Tambourine – Egill Örn Rafnsson Violin – Símon Kuran

Icelandic music has a very long tradition, with some songs still sung today dating from 14th century. Folk songs are often about love, sailors, masculinity, hard winters, and elves, trolls and other hidden people. They tend to be quite secular and often humourous. Bjarni Porsteinsson collected Icelandic folk music between 1906 and 1909. Many of the songs he encountered were accompanied by traditional instruments like the langspil and fibla. Chain dances, known as víkivaki, have been performed in Iceland since the 11th century at a variety of occasions, such as in churches and during the Christmas season. An example is "Ólafur Liljurós", an Icelandic víkivaki folk song dating to the 14th century, about a man on his way to meet his mother who is seduced, kissed and stabbed by an elf woman while riding his horse, then eventually dies.

Iceland's isolation meant that, until the 19th century, foreign influences were virtually absent, which resulted in the maintenance of a particular rhythm, called "hákveða", lost in other Nordic countries and considered one of the main characteristics of Icelandic folk music. ---wikipedia

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